

**DECLARATION BY THE RESEARCH SCHOLAR**

I, **ABIRAMI KIRUTHIGA.S** scholar of Doctor of Philosophy in the Department of Physical Education hereby declare that the dissertation entitled “**EFFECTS OF YOGA AEROBIC AND COMBINED TRAINING ON SELECTED LIVER PROFILE CORTISOL AND THYROID PROFILE AMONG OBESE SCHOOL GIRLS**“ Submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Physical Education is my original work and it has not previously formed the basis for the award of any degree, diploma associateship fellowship or any other similar titles to any candidate of any University.

Station: Chennai

Date:

**(ABIRAMI KIRUTHIGA.S)**